

farms

- 1** **EB** **Acrevale Farms**
216 Yankee Line, RR 1, Omeme 705-799-6161
• Open at the farm 10-6
• Pumpkins, vegetables, firewood by the cord or campfire wood
- 2** **A5** **Argyle Farm Market**
264 Glenasm Rd., RR 6, Woodville nbarley@explornet.com 705-439-3850
• Open Monday, Tuesday, Thursday, Saturday 9-5, Friday 9-9, Sunday 10-5, Closed Wednesday
• Strawberries, corn & veggies, honey, maple syrup & baked goods
- 3** **F14** **Ashburnham Farm**
1150 E. 4th Line, Ballieboro 705-939-2300 www.gaelicgarlic.ca
• Home of Gaelic Garlic, asparagus, squash & kale
• Pasture fed beef, everything grown naturally
• We are at both Peterborough Farmers' Markets
- 4** **E10** **Aurora Farm**
2061 Brown Line, RR 5, Peterborough wecutpickflowers@gmail.com 705-745-0679
Cut flowers and asparagus. We cut or you pick
• Other unique products also available
• Sunday – Thursday 8-8, Friday 8-2, Closed Saturday
- 5** **P** **Batten's Country Choice Honey & Pure Maple Products**
257 Woodward Ave., Peterborough battensthoney@hotmail.com 705-748-9852
• Honey, maple syrup & related products
• Find us at both Peterborough Farmers' Markets
- 6** **G8** **Beyer's Farm**
904 2nd Line Douro, Lakefield 705-652-1581
• Vegetables
• Products available at the Saturday Peterborough Farmers' Market
- 7** **F6** **Black Duck Wild Rice**
Curve Lake 705-745-0679
• Wild Rice
• Pick your own wild rice in September, seeds also available
• Visit me at the Saturday Peterborough Farmers' Market to make an appointment
- 8** **F9** **Blossom Hill Nursery**
681 Fife's Bay Rd., RR 2, Peterborough 705-742-9923 www.blossomhillnursery.com
• Peonies, delphiniums and other hardy perennials
• South of Lindsay Road (City 1) on Fife's Bay Rd., 200 metres on west side
• Visit our web site for more information
- 9** **B7** **Brouwer's Strawberries**
859 Opmar Rd., RR 1, Oakwood 705-374-4227
• Monday-Saturday 7am-8pm beginning June 21st
• Beef year round
• Strawberries and vegetables in season
- 10** **G8** **Cedar Grove Farm**
RR 4, Lakefield samwood@nexicom.net 705-652-8913
• Beef
• Please call ahead
- 11** **H10** **Chick-a-Biddy Acres**
RR 3, Hastings 705-696-3506 www.chickabiddyacres.com
• Herbs, honey, lamb, pork, poultry & vegetables
• Community Shared Agriculture (CSA)
• Saturday Peterborough Farmers' Market
- 12** **F12** **Circle Organic Community Farm**
796 County Rd. 2, Ballieboro 705-939-8888 www.circleorganic.ca
• Certified organic produce, herbs, sprouts & flowers
• CSA program
• Available at Saturday Peterborough Farmers' Market
- 13** **I9** **Cloverdale Honey Products**
40 Mathison St. East, Havelock wayne@mceenely.ca 705-778-2715
• Honey and gift baskets available
- 14** **H9** **Crazy Acres Farm**
2452 3rd Line Ashpodel, Indian River 705-775-1437
• Chicken, turkey, pork and eggs
• Please give us a call for more information on our products
- 15** **H11** **Cross Wind Farms**
1615 Villiers Line, Keene 705-295-6049
• Goat meat, milk & cheese
• Homemade goat soap
• Call for an appointment
- 16** **F6** **Crossroads Farm Store**
425 Lakehurst Rd., RR 1, Peterborough www.farmstore.com 705-657-1692
• Beef, lamb and poultry
• Our farm store is now open for business
• Visit our web site to learn more about us
- 17** **C11** **Don Brown Farm**
406 Drum Rd., RR 2, Pontypool brownfarm200@shaw.ca 705-277-2147
• Potatoes, gladioli, pumpkins, squash & beets
- 18** **F8** **Don-Way Farm**
2264 Chemong Rd., Peterborough tasty@fordbee@live.com 705-292-9531 705-872-7460
• Tasty Telford beef
• Offering sides, quarters, halves, wholes, hamburger & patties
• We're growing to serve you better. Call for details
- 19** **I9** **Elmiea Farm**
243 Baker Rd., RR 2, Havelock www.elmieafarm.com 705-778-2070
• Alpacas, angora goats, turkeys and ducks, eggs
• Fleeces & fibre products
• Farm & forest – Visit our web site for more information
- 20** **E11** **Evergreen Farm**
1353 County Rd. 2, Ballieboro 705-939-6714
• Pork: various cuts available, sides and BBO pigs
• Year round sales at the farm gate, call ahead
• Find us at the Saturday Peterborough Farmers' Market
- 21** **C6** **Field Sparrow Farms**
38 Cameron Rd., Cameron 705-359-1845 www.fieldsparrowfarms.ca
• Grass-fed premium angus beef
• Pasture-raised turkeys
• Please call ahead. By appointment only
- 22** **D9** **Franklin Farm Herbals**
1453 Fleetwood Rd., Bethany jllherb@yahoo.com 705-277-9800
• Goat's milk, soap and handmade creams
• Honey, eggs, flowers & herbs
• May – October, Thursday – Saturday 10-4 or by chance

- 23** **C5** **Fresh Taste Bakery**
463 Mark Rd., RR 1, Cameron 705-939-2366
• Open May-December, Friday 9-7 and Saturday 8-4
• Fresh produce & naturally-fed Angus freezer beef
- 24** **E12** **Golden Fleece Farms**
171 County Rd. 2, Ballieboro goldenfleece@nexicom.net 705-939-2366
• Lamb cuts, lamb skins, wool blankets
• Available at: Craftworks, Peterborough CO-OP, Maggie's Meat Market
• Please give us a call
- 25** **D7** **Harvest Road Farm**
81 Harvest Rd., Dunford davyesj7@hotmail.com 705-793-1745
• Seasonal vegetables, potatoes, pumpkins, preserves & squash
- 26** **G11** **Heritage Hills Farm**
780 Duncans Line, Keene www.heritagehillsfarm.info 705-927-1395
• Poultry, eggs
• More products to come – Taking suggestions
• Please give us a call
- 27** **C5** **Holiday's Farm Fresh Vegetables**
1641 Glenasm Rd., RR 3, Woodville rsholiday@antelcom.net 705-574-4182
• Farm fresh vegetables, sweet corn, vegetables, corn, tomatoes, pumpkins
- 28** **G9** **Jason R. McIntosh-Beef**
2460 Burnham Line, Peterborough freshrozenbeef@nexicom.net 705-743-7417
• Beef available at the farm
• Also available at: Peterborough CO-OP, Craftworks, McLean's Berry Farm, Woodview General Store, Organic times, Burnham Mansion Market
- 29** **G11** **John Miller**
775 Serpent Mounds Rd., RR 3, Keene 705-295-6565
• Poultry, eggs
• Visit us at the Saturday Peterborough Farmers' Market and at the farm
• Please call ahead – watch for the chicken sign at road
- 30** **D8** **Kennedy Farms**
470 Sturgeon Rd., Omeme 705-799-1829
• Maple syrup & maple products
• Strawberries, sweet corn & in-season farm fresh produce
• See us at the Lindsay Farmers' Market or at our two farm stands
- 31** **D11** **L & R Porter Potato Farm**
196 Porter Rd., Pontypool 705-932-3231
• Monday – Friday 8-5
• Quality seed and table potatoes
- 32** **D8** **Lanesend Farm & Fiber**
3143 Hwy 7, Reabro www.lanesendfarmandfiber.info 705-324-9413
• Lamb, goat, free-range poultry & eggs
• Blankets, skins & handspan dog hair items
• Hemp hand creams. Animal visits and shearing
- 33** **H10** **Linlor Farm**
1238 Humphries Line, Hastings 705-696-3511 www.linlorfarmapple.com
• Maplefest 1st weekend of April
• Pure maple syrup, sugar and butter. Christmas workshops, sawmilling, firewood and woodlot management
• Give us a call for more details
- 34** **C10** **Lunar Rhythm Gardens**
445 Ballyduff Rd., Pontypool – garden 905-986-9612 253 Gray Rd., RR 2, Janeville-livestock www.csafarmduhankawartha.com
• Community Shared Agriculture (CSA) Program
• "Putting the culture back in agriculture"
• Beef, eggs, berries, vegetables, poultry, pork, honey, herbs
- 35** **B7** **MacArthur Farms**
1148 Hwy 7, East of Oakwood 705-574-4595
• Pumpkins, squash, gourds, straw bales, corn stalks & fall decorations
• Call for beef orders
• September 18 – November 1, Saturday & Sunday 9-5
- 36** **B7** **Maple Drive Farms-The Hamiltons**
1358 County Rd. 6, Lakefield kemmin@nexicom.net 705-652-0193 705-652-8677
• Maple syrup and gift bottles available
• World Champion at the Royal Winter Fair
• Product available at the farm, give us a call
- 37** **G6** **McLean Berry Farm**
2191 16th Line Smith, Lakefield www.mcleanberryfarm.com 705-657-2134
• Strawberries, raspberries, fresh vegetables, maple syrup, jams & preserves
• Full market on farm, one-stop shopping
- 38** **G9** **Merrylynd Organics**
3010 Hwy 28, Lakefield www.merrylynd.com 705-755-0519
• Beef: various cuts available, Red Fife Wheat: flour, grains
• Maple syrup & pumpkins, sleigh rides & farm tours
• Come and experience a day at our farm!
- 39** **F2** **Nightingales Organics**
1260 Galway Rd., RR 1, Kinnmount www.nightingalesorganics.com 705-778-2715
• Salad greens, fresh herbs and local sweet treats
• Over 40 varieties of fresh, seasonal produce
• June – October, Tuesday – Sunday 8am-7pm
- 40** **C5** **O'Brienview Organic Farm**
688 Country Lane, Cameron obrienviewfarm@explornet.com 705-887-3974
• Open during sunlight hours
• Certified organic beef, vegetables, eggs & poultry
- 41** **H10** **Otonabee Apiary**
RR 3, Indian River 705-295-4354 otonabeeapiary@gmail.com
• 100% pure local clover & buckwheat honey
• Fruit & vegetable & flower pollination services available
• Visit us at the Saturday Peterborough Farmers' Market
- 42** **E9** **Peterborough Buffalo Farms**
2342 Sherbrooke St. W., Peterborough buffalobill@on.abn.com 705-742-3185
• Bison meat available in: burgers, steaks, stew and ground, sausage & roasts
• Product available at the Saturday Peterborough Farmers' Market
• Call to tour the farm
- 43** **B7** **Plum Creek Produce**
1495 Little Britain Rd., Little Britain 705-786-3540
• Sweet corn, new potatoes & other vegetables in season
• 10-6 Monday to Wednesday, 10-7 Thursday, 10-8 Friday, 9-6 Saturday
- 44** **E5** **Pogue's Gourd & Pumpkin Farm**
339 Road 24, Bobcaygeon 705-652-6963
• Pumpkins, designer gourds & squash, fresh vegetables in season, beans, fresh gourmet corn, patti pans and more
• Road 24 west of Bobcaygeon
• Approx. 9-6, 7 days per week

- 45** **J8** **RHEA-LLY EMU-ZING RANCH**
RR 4, Havelock www.emuzing.com 705-778-2635
• Emu and rhea products available
• Also available: eggs, honey, poultry, specialty meats
• Find us at the Saturday Peterborough Farmers' Market, year round
- 46** **G8** **Silma Farms**
2988 Lakefield Rd. 888-313-1118
• 3 km south of Lakefield or 4 km north of Trent University, beside Paris Marine
• Fresh vegetables in season: corn, tomatoes, pumpkins, flowers/herbs
• Visit us at our easily accessible farm gate stand Monday – Saturday 9-6 in-season
- 47** **D10** **Staples Maple Products**
439 Hwy 74, Cavan 705-944-5501 jstaples_3@hotmail.com or rstaples@hotmail.com
• Maple syrup, maple sugar, maple butter
• 4-time World Champion-Royal Winter Fair
• Product available at Saturday Peterborough Farmers' Market and at the farm
- 48** **D4** **Stonefield Farm**
Northline Rd., Fenelon Falls gjkent@hotmail.com 705-887-6429
• Vegetables, flowers, herbs & berries
• CSA program
- 49** **C8** **Stoneridge Farms**
94 Hillhead Rd., RR 2, Reabro stoneridgefarms@i-zoom.net 705-878-8965
• Corn-fed freezer beef
- 50** **G10** **Sugarvalley Farm & Maple Products**
4047 Elmhurst Rd., Indian River 705-295-6068 sugarvalleyfarm@nexicom.net
• Product available at the Saturday Peterborough Farmers' Market and at the farm
• Maple syrup products & beef
- 51** **C7** **Sweet Scent Farm**
250 Thunderbridge Rd., Lindsay krisher720@gmail.com 705-324-7234
• Strawberries, raspberries, pumpkins, squash etc.
• Mid June – mid August 8-9 daily, depending on availability
• Corn maze opens in August, call for hours
- 52** **D10** **The Berry Patch**
1910 County Rd. 10, Cavan 705-944-5358
• North of Cavan on County Rd. 10, across from North Cavan School
• Pick your own strawberries, sweet corn, vegetables and maple syrup
• Call for picking information. Open mid June till the end of October
- 53** **B3** **The Old Tin House**
943 Portage Rd., Kirkfield tinhouse@explornet.com 705-438-3176
• Open Saturday, Sunday and Holiday Mondays 10-5
• A "little piece of heaven to nourish your soul"
• Non-certified organic farm producing cut flowers & specialty vegetables, herbs, Canadian maple
- 54** **F11** **Traynor Beef Farms**
2193 County Rd. 2, Peterborough 705-876-0044 www.traynorbeefarms.ca
• Natural corn fed, hormone-free beef, various cuts available
• Sweet corn, pumpkins & vegetables
• Hours: January-March, Saturday 11-5; April-December, Thursday & Friday Noon-5, Saturday 11-5
- 55** **G8** **Wagner Farm**
1778 4th Line Rd., Lakefield 705-652-7276
• Maple Syrup
• Product available at the Saturday Peterborough Farmers' Market
- 56** **P** **Westwood Garden**
• Perennials that grow in zone 4a-4b
• Find us at the Wednesday & Saturday Peterborough Farmers' Markets and Thursday Lakefield Farmers' Market
- 57** **H10** **Winsted Farms**
1953 Centre Line, RR 2, Norwood 705-696-3907 www.winstedfarms.com
• Beef, pork, poultry and eggs
• East of County Rd 45 on Centre line, last farm on south
- 58** **D10** **Woodleigh Farms Ltd.**
Cavan woodleighfarms@gmail.com 705-944-5403
• Maple syrup, vegetables, seedlings & pumpkins
• Visit us at the Saturday Peterborough Farmers' Market
- 59** **F7** **Wren Lane Farm**
Lakefield wrenlanefarm@yahoo.ca 705-931-3281
• Honey available in various sizes. Certified "My Pick"
• Product available at the Lakefield Farmers' Market (May – October) and at the farm, please call ahead
- 60** **C5** **Zehr's Farm Fresh Produce & Bakery**
1690 Glenasm Rd., RR 3, Woodville 705-657-2134
• Full line of certified organic, seasonal produce
• Honey, Maple Syrup
• Open 8-Dusk, Monday-Saturday, Easter Weekend to Christmas

- 61** **I4** **Apsley Market**
Burlleigh St., Apsley apseymarket@hotmail.com 705-656-1940
• Saturday 9-2, Sunday 11-3, May 24th Weekend to Labour Day
• Ostrich meat, goat cheese, preserves, produce, arts & crafts
• Across from the IGA
- 62** **E5** **Bobcaygeon Farmers' Market**
Bobcaygeon Fairgrounds, 47 Mansfield St., 1-800-318-6173 just south of King St., Bobcaygeon www.bobcaygeonfarmersmarket.com
• Saturday 8-1, June 12th – October 9th
• Fresh vegetables, Fruits, Meats, Herbs, Honey, Maple Syrup, Goat Cheese, Baked Goods, Preserves, Flowers, Compost, Artisans & Crafts
- 63** **G6** **Buckhorn Farmers' and Craft Market**
Located at 1965 Lakehurst Rd., 705-738-3800 Cuddy Inn parking lot, Buckhorn 1-800-374-4000 www.galwaycavendishharvey.ca
• Tuesday 8-1, June to August
• Beef, berries, eggs, flowers/herb, fruits, grains, honey, maple syrup, pork, preserves, specialty meats, vegetables, baking
- 64** **E1** **Kinnmount Farmers' Market**
Austin Sawmill Heritage Park downtown, Kinnmount 705-778-2715
• Saturday 9-2, May 22nd – October 9th
• Organic produce, honey, maple syrup, preserves, mushrooms, flowers/herbs, eggs & a variety of items from local artisans
- 65** **G8** **Lakefield Farmers' Market**
Parking lot of Lakefield Arena behind Tim Hortons, Lakefield 705-652-6963 www.lakefieldfarmersmarket.net
• Thursday 2-6, May 6th – October 14th
• Vegetables, fruit, maple syrup, honey, cheese, meat, plus much more
- 66** **L** **Lindsay Farmers' Market**
Victoria Ave. between Kent St. & Peel St., Lindsay 705-878-1392 www.lindsayfarmersmarket.ca
• Saturday 7-1, May 1st – October 31st
• Vegetables from asparagus to zucchini; fruits from apples to watermelons; baked goods & an assortment of craft items

restaurants

- 70** **P** **38 Degrees Restaurant**
375 Water St., Peterborough 705-750-0038 www.38degrees.ca
• Located downtown with outdoor patio
• Casual intimate dining featuring local fresh market cuisine
• Tuesday – Sunday 4-9
- 71** **G6** **Beachwood Resort**
3043 Beachwood Dr., RR 1, Lakefield 888-313-1118 www.beachwoodresort.com
• Dining room open daily, May – October
• Remainder of year weddings, Christmas parties and other events
- 72** **P** **BlackHoney Desserts Coffee Catering**
221 Hunter St. W., Peterborough 705-750-0014 www.blackhoneydesserts.com
• Specializing in wedding cakes & custom cakes
• Open: Monday – Friday 8am-10pm (11pm summer), Saturday 10am-11pm, (midnight summer), Sunday 10-5
- 73** **F9** **Burnham Mansion Restaurant – Market Place**
2235 Keene Rd., Peterborough 866-949-5514 www.burnhammarketplace.com
• Restaurant, catering, baked goods, garden supplies, gifts, specialty foods and much more
• Peoples Choice Award 2008-09, Readers Choice Award 2010
- 74** **F6** **Claire De Lune Bed & Breakfast**
868 Bear Creek Rd., RR 1, Peterborough 705-657-8995 www.clairedelune.ca
• Your lakeside getaway – Open all year
• Gourmet breakfast serving local fare with a french flair!
- 75** **E12** **Doo Doo's Bakery & Grill**
187 County Rd. 28, Ballieboro 705-939-1394 doodos2008@hotmail.com
• Award winning baker! Specializing in buttertarts and fruit pies
• Try our homemade jams and pickles made from local products
• Honey also available. Open for breakfast & lunch 7 days, December – April 6-4, May – November 6-6
- 76** **G11** **Elmhirst's Resort**
1045 Settlers Line, Keene 705-295-4591 www.elmhirst.com
• Daily breakfast, lunch, dinner, Sunday brunch
• An all inclusive getaway
• Visit our website or call us for details on all we offer
- 77** **P** **Holiday Inn Peterborough Waterfront Riverside Grill & Gazebo**
150 George St. N., Peterborough 705-743-1144 www.holidayinn.com/waterfront
• Home of the Kawartha Choice Burger Challenge
• Located on the waterfront in downtown Peterborough
• Seasonal patio available, adjacent to Little Lake & Del Cray Park.
- 78** **G6** **Mainstreet Landing Restaurant**
1939 Lakehurst Rd., Buckhorn 705-657-9094 www.mainstreetlanding.ca
• On the Trent-Severn Waterway at famous Lock 31
• Casual dining room and lakeside patio
• Best in food, service and spectacular views

- 79** **G8** **Nutshell Next Door Café**
33 Queen St., Lakefield 705-652-9721
• Find us on Facebook
• Year round coffee, lunch, treats, fresh, innovative menu selections, house-made desserts, scones & muffins
• Summer: Sunday 10-4, Monday – Saturday 8-8, Reg: Sunday 1-4, Monday – Saturday 8-5:30
- 80** **L** **Olympia Restaurant Café & Bar**
106 Kent St. W., Lindsay 705-328-1444 www.olympiarestaurant.ca
• Located in the heart of downtown Lindsay, open Monday – Saturday 11-10
• Streetside patio in summer. Full service Mediterranean-inspired menu
• Upstairs banquet room for private events up to 110 people
- 81** **L** **Pane Vino Trattoria and Wine Bar**
56 Kent St. W., Lindsay 705-878-4663 www.panevino.ca
• Italian fine dining using local ingredients
• Excellent wine list featuring vintages from Ontario and around the world
• Tuesday – Thursday 5:30-10, Friday – Saturday 5:30-midnight, Sunday 5-9, Closed Monday
- 82** **P** **Rare Grill House**
1165 Settlers Line, Peterborough 705-742-3737 www.raregrillhouse.com
• Modern steak house offering local produce and meats
• Cooking classes, Mid-week prix fixe menu
• Thursday's prix fixe is always Kawartha Choice! Visit our website
- 83** **G8** **Riverhouse Company**
36 Bridge St., Lakefield 705-652-7407 www.riverhousecompany.com
• Working with our local farmers to bring the best, wholesome, fresh food to our tables
• Come and experience!
• By advance reservations only Wednesday – Sunday 5-9 pm
- 84** **P** **Stickling's Bakery & Bistro**
191 Charlotte St., Peterborough 705-748-3618 www.sticklingsbakery.com
• Organic breads, sandwiches, cookies, catering and now offering designer cakes
• Find us at...the Bistro, 181 Charlotte St., the Saturday Peterborough Farmers' Market and our bakery outlet
• Monday – Friday 7-6, Saturday 8-3, Closed Sunday
- 85** **P** **Sunrise Café**
395 Aylmer St. N., Peterborough 705-876-0606 sunrisecafe@sympatico.ca
• French Cuisine – foods sourced mostly from within a 10 mile radius
• Mostly grown on the Chef's farm in Douro
• Café seats 30 inside with room for 15 on the deck
- 86** **I6** **The Irwin Inn**
1390 Irwin Blvd., RR 2, Lakefield 705-877-2240 www.irwininn.com
• Year round resort, fine dining, meetings, weddings, getaways
• A tradition of hospitality on Stoney Lake
• Please give us a call
- 87** **G7** **The Old Bridge Inn**
2057 Old Hwy 28, Young's Point 705-652-8507 www.theoldbridgeinn.com
• Beside Lock 27 on Clear Lake
• Historic Inn with riverside patio
• Casual fine dining with freshly prepared regional cuisine

- 95** **P** **BE Catering**
188 Hunter St. W., Peterborough 705-790-1265 1-888-854-9988 www.beecatering.com
• Full service catering, featuring locally grown and produced produce and meats, unique local products that are both tasty and super fresh!
- 96** **G6** **Chef Brian Henry - Private Chef Services**
Lakefield 705-875-0428 www.chefbrianhenry.com
• Award-winning catering, cooking classes, consulting, professor, food writer, ice, & vegetable sculptor
• Public speaking, cooking demos, product promotion
• 24-7 and 365 days a year!
- 97** **G7** **Mariposa Dairy Ltd.**
165 St. David St., Lindsay 705-324-9306 www.mariposadairy.ca
• Local producers and processors of goats' milk cheeses
• Find Celebrity & Mariposa Dairy brand cheeses in your local grocery store or contact the plant for commercial supplies
- 98** **P** **Rubidge Retirement Residence**
246-270 Rubidge St., Peterborough 705-748-4000 www.retirementlivingcentres.com
• Catering & space available for business meetings, group luncheons & breakfast clubs
• For more information visit our website or stop by for a visit
- 99** **F9** **St. Peter's Hospitality & Culinary Services**
caustrich@pvnccdsb.on.ca 705-745-1358
• High quality, professional, exceptional taste
• Give us a call for your next event!

- 100** **G5** **Kawartha Country Wines**
2275 County Rd. 36, Buckhorn 705-657-9916 www.kawarthawines.com
• Fruit & Grape Wines
• Tastings, tours and gift shop
• Open year round 7 days a week, 10-6
- 101** **E5** **Kawartha Settlers' Village**
85 Dunn St., Bobcaygeon 705-738-6163 www.settlersvillage.org
• A fascinating collection of historic homes and buildings from Bobcaygeon and Kawartha districts on the site of what was once a thriving Kawartha farm
• Also features a nature trail, special events and programs
- 102** **P** **King Bethune House, Spa & Guest House**
270 King St., Downtown Peterborough 800-574-3664 www.kingbethunehouse.com
• Agricultural farm tours, driving tours arranged, spa services, B&B
• Food tours – local chef, local farm foods
• www.festivalhost.com/tourstortwo.html
- 103** **G10** **Lang Pioneer Village Museum**
104 Lang Rd., Keene 705-295-6994 www.settlersvillage.org
• The Village is a 19th-Century living history museum which features historical recipes using local growing ingredients
• See our website for details
• Father's Day – Labour Day 10-4
- 104** **A7** **Salem Alpacas**
363 Salem Rd., RR 1, Manilla 705-786-2023 www.salemalpacas.com
• Meet the alpacas, tour the farm, alpaca clothing, gifts & educational displays
• Open by chance or appointment

your year-round guide to local food, products & agri-tainment

Kawartha Choice FarmFresh covers a large agricultural area where a wide assortment of products are available. Use this seasonal availability guide to determine when you can expect Kawartha Choice FarmFresh produce to be available. Weather conditions affect the growing season, so calling ahead to confirm availability is a good idea.

	May	June	July	August	September	October
Apples						
Asparagus						
Beans						
Beets						
Broccoli						
Brussels Sprouts						
Cabbage						
Carrots						
Cauliflower						
Corn						
Cucumber						
Currants						
Eggplant						
Fresh Greens						
Garlic						
Garlic Scapes						
Lettuce						
Muskmelon						
Onions						
Pas						
Peppers						
Plums						
Potatoes						
Pumpkins						
Raspberries						
Rhubarb						
Rutabaga						
Spinach						
Strawberries						
Tomatoes						
Turkey						
Zucchini						

storage Many vegetables store extremely well in ideal conditions allowing them to remain fresh and full of nutrients well outside of the harvest season. These vegetables include: Carrots Onions Potatoes Rutabaga Turnip

year round Beef Eggs Goat-Meat Herbs Poultry
Beverages Fish Goat-Milk Venison Pork
Cider Grain/Wild Rice Honey Cheese Dairy Lamb
Maple Syrup Specialty Meat Home Baking

why buy locally? Local food is fresher, more nutritious and tastes better than food shipped long distances from other countries and provinces. When you buy locally grown fruits, vegetables, meats and other products from our Kawartha Choice FarmFresh members at farmers, local farmers' markets, stores, or at your favourite local eatery, you are supporting our local agricultural community and the farm families who produce the food. This in turn helps to preserve our local farmland, helps the environment by reducing "food miles", and expands the local food market. As well, you have a chance to build relationships with the farmers that grow your food, gain understanding and trust, and get to experience agriculture up close. Some farm members within Kawartha Choice FarmFresh have adopted a new shared-risk marketing/membership structure. Community-shared agriculture (CSA) is a food production and distribution system that directly connects farmers and consumers. A CSA consists of a community of individuals who pledge support to farm operations where the growers and consumers share the risks and benefits of food production. Farmers earn an important early-season income to be able to invest in planting and producing the crop and have a guaranteed market for their produce. Consumers enjoy overall lower food costs, field-fresh produce, and greater access to high-demand fruits and vegetables, as well as, in some cases, meats and preserves. Most CSAs require an annual or quarterly buy-in of "shares" or memberships and provide weekly deliveries or pick-ups in a "local food box scheme". Many CSAs also offer farm visits, U-pick days, and other special events for members. The Peterborough and Kawartha Lakes area is also full of many exciting Agri-tainment experiences. Agri-tainment offers a blend of agriculture, entertainment, tourism, and education. Agri-tainment options in the region include horseback riding, farm open houses, historical agricultural museums, culinary tourism, maple syrup festivals, strawberry festivals, Kawartha Farmfest. Further than the Farm, and so much more.

agri-tainment

